

Live
Life
Fuller



NOURISH YOUR BODY WITH Wellness

unity

by FairPrice

10 - 23 Jan 2019



SAVE 23%
\$49⁹⁰
AFC
King Chlorella
1000s
UP: \$65.20



SAVE 28%
\$49⁹⁰
GREEN MAGMA
Barley Grass
Tablets
500s
UP: \$70



SAVE \$16
\$59
KORDEL'S
Royal Jelly
1000mg
30s x 3
UP: \$75



SAVE 16%
\$88
VITAHEALTH
Wild Alaskan
Salmon Oil
300s x 2 + 90s
UP: \$105.50



\$99
REDSUN
Spirulina
1200s + 500s



SAVE 20%
\$63²⁰
NZHEALTH NATURALLY
Manuka Honey & Ginger
UMF8+
500g
UP: \$79



\$35⁹⁵
ENSURE
Life
Assorted
850g
UP: \$37.50



SAVE \$3
\$32
BOOST
Optimum
800g
UP: \$35



SAVE 19%
\$20⁹⁰
BRAGG
Apple Cider
Vinegar
(Twin Pack)
32oz
UP: \$26



\$22
HORMEL
Propass
(Twin Pack)
213g



SAVE \$1
\$9⁹⁵ / \$10⁹⁵
ILITE
Grainsplus
Milk / Soy
32g x 10s
UP: \$10.95 / \$11.95



SAVE 28%
\$71
OMRON
Blood Pressure
Monitor
HEM-7121
UP: \$99

BEST BUY



SAVE 18%
\$48⁸⁰
EFAMOL
Pure Evening
Primrose Oil
500mg
90s x 2
UP: \$59.90



SAVE 34%
2 FOR \$51⁹⁵
EU YAN SANG
Essence Of
Chicken
70g x 12s
UP: 2 for \$79.60

COPING WITH COMMON AGEING PROBLEMS



DRY SKIN

WHY?
Result from change in skin physiology.

TREATMENT

- Apply moisturisers regularly to keep skin hydrated.
- Use gentle soaps for sensitive skin.



BALANCE DISORDERS

WHY?
Less coordinated or trouble balancing due to weakening bones and muscles or inner ear and nerves not functioning.

TREATMENT

- Consume enough calcium and vitamin D.
- Exercise regularly.
- Fix fall hazards at home, keep home safe and wear non-slip footwear.



INADEQUATE NUTRITION

WHY?
Health conditions that can lead to decreased appetite or trouble eating.

TREATMENT

- Include nutrient-dense food in diet.
- Take supplements for more nutrients.



Ask Our Pharmacist

Have more questions?
Just ask your
Unity Pharmacist!



TELEPHARMACY

Have a real time webcam conversation with our pharmacists in our stores



EMAIL US

Get in touch with us at
general.feedback@fairprice.com.sg



Live Life Fuller

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